

Chronic Disease Self Management Program



The Lancaster County Office of Aging is offering a six week educational workshop that will help participants with ongoing health conditions such as Arthritis, Diabetes, High Blood Pressure, Anxiety, and Heart Disease.

Lancaster General Health Campus
2100 Harrisburg Pike
July 6 to August 10, 2017
Thursday's 1:30pm-4:00pm



Register by June 30, 2017. Call Lancaster County Office of Aging 717-299-7979